



Lyngbjalli – Hópastarf 2023 - 2024

	Mánudagur	Þriðjudagur	Miðvikudagur	Fimmtudagur	Föstudagur
Uglur	Hreyfing 9:45 – 10:30	Hreyfing 9:15 – 10:00	Vettvangsferð 10:00 – 11:10		Listsköpun 10:00 – 11:00
Bangsar	Listsköpun 9:00 – 10:00			Hreyfing 10:30 – 11:10	Vettvangsferð 10:00 – 11:10
Höfrungar	Vettvangsferð 10:00 – 11:10		Listsköpun 9:00 – 10:00		Hreyfing 9:00 - 9:45
Býflugur	Hreyfing 9:00 – 9:45	Vettvangsferð 10:00 – 11:10			Listsköpun 9:00 – 10:00